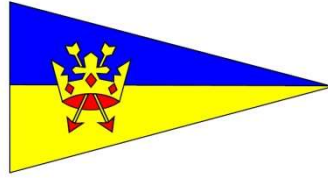


Waldringfield Sailing Club



Cadet Week – 28 Aug -1 Sep 2019

Supported by

Gill

HARKEN[®]



**Seamark
Nunn**

East Anglia's favourite boating store

Programme & Event Sailing Instructions

Cadet Week 2019

Introduction

Welcome to Waldringfield Cadet Week 2019, which is taking place from Wednesday 28 August to Sunday 1 September. Cadet Week has been run at Waldringfield SC every year since 1957, and for many sailors is the highlight of the Cadet racing calendar. With its unique blend of top quality racing, on-the-water coaching for our new helms and crews, and great social events for sailors and parents alike – it really is a wonderful junior sailing event - all taking place in the beautiful surroundings of the River Deben in Suffolk.

This year for the first time the Cadets are being joined by sailors in RS200 class (up to Year 13 or equivalent in the 2018/19 School Year), since this is now the most highly favoured dinghy class for youth sailors at WSC to migrate to once they decide to move on from Cadets.

This event could not take place without the volunteer support from the WSC Cadets Committee, the Race Management Team led by guest PRO Arky Wainwright, our on-the-water Safety Team, plus an army of helpers both on and off the water – thankyou to everyone who has helped to make this fantastic junior sailing event happen this year.

Once again, Cadet Week is being supported by our key sponsors :-

- **GILL** – www.gillmarine.com
- **Harken UK** – www.harken.co.uk
- **Seamark Nunn** – www.seamarknunn.com

This is the 12th year running that these three companies have supported Waldringfield Cadet Week! As ever, the WSC Cadet Class would like to thank our sponsors for their generous support of this event which enables us to provide:-

- A FREE souvenir GILL rash vest for every competitor (subject to size availability and submission of entry to the event in good time)
- A fantastic range of prizes donated by our sponsors

Branded stickers from GILL and Harken are provided for each boat – please show your support for our sponsors by fixing the GILL stickers to the bow area of your hull on both sides and the Harken stickers should go on the outboard end of your boom on both sides.

Once again Waldringfield Sailing Club is generously allowing FREE CAMPING for visitors on the top car park.

For further information on the event please contact :-

Jamie Whittle – Cadet Squadron Leader
waldringfieldcadets@ymail.com

or

Andrew Nunn – WSC Cadets Committee Member
andrew@seamarknunn.com

Sailing Programme

A Competitors' Briefing will be held at 9.30am on Wednesday 28th August; and at 9.30am every day thereafter unless notified on the official notice board by 5.30pm the previous day. The planned race programme for Gold Fleet Cadets, Silver Fleet Cadets and RS200s is shown below.

Day	Gold & RS200 Fleet	Silver Fleet	Special Races
Wednesday 28 Aug HW 11:06 hrs	Points Races 1, 2 & 3 (AM & PM)	Silver Fleet Training (AM & PM)	
Thursday 29 Aug HW 12:04 hrs	Points Races 4, 5 & 6 (AM & PM)	Silver Fleet Training (AM & PM)	
Friday 30 Aug HW 13:05hrs	Points Races 7 & 8 (AM)	Silver Fleet Points Races 1 & 2 (AM)	All-In Pursuit Race (PM) Crews' Race (PM)*
Saturday 31 Aug HW 13:38 hrs	Points Races 9 & 10 (AM)	Silver Fleet Points Races 3 & 4 (AM)	Ex-Cadets Singlehanded Race (PM)* Old Gaffer's Race (PM)*
Sunday 1 Sep HW 14:27 hrs	Points Races 11 & 12 (AM & PM)	Silver Fleet Points Races 5 & 6 (AM & PM)	

* Timing of Race Start to be advised on the day. Listen for announcements and check the noticeboard. Please note - Old Gaffers Race - combined age of helm and crew must exceed 70 years and the helm must be over 35 years as at 31 August 2019.

Please also note that Club Racing will be taking place on Saturday 31 August, the Cadet Week Race Programme will aim to fit around Club Racing and so start times are subject to change. Please listen for announcements and check the noticeboard.

There will be NO CLUB POINTS RACES FOR CADETS on Saturday 31 August.

Individual Race Trophies

Trophy	Awarded To
Redskin Trophy	Winner of Points Race 1 – Cadet Gold Fleet
Mossman Cup	Winner of Points Race 2 – Cadet Gold Fleet
Sudell Cup	Winner of Points Race 3 – Cadet Gold Fleet
Edward Hyams Cup	Winner of Points Race 4 – Cadet Gold Fleet
Mason Cadet Trophy	Winner of Points Race 5 – Cadet Gold Fleet
Claydon Centreboard Trophy	Winner of Points Race 6 – Cadet Gold Fleet
Humby Trophy	Winner of Points Race 7 – Cadet Gold Fleet
PJ Parker Junior Challenge Cup	Winner of Points Race 8 – Cadet Gold Fleet
Commodore's Cup	Winner of the final Points Race – Cadet Gold Fleet
50 th Anniversary Cup	Winner of the All-In Pursuit Race
Susan Mason Cup	Winner of the Crews' Race
Fraser Trophy	Winner of the Ex-Cadets Singlehanded Race
Old Gaffer's Trophy	Winner of the Old Gaffer's Race

Après Sail & Evening Entertainment

Day	Après Sail & Evening Activities
Wednesday 28 August	<ul style="list-style-type: none"> Galley Meal – Please Book! Ball Games on Church Field – organised by the RS200 Sailors! (weather permitting) Bar Open
Thursday 29 August	<ul style="list-style-type: none"> Totally Awesome Beach Games & Raft Building with Geoff Mayhew! DIY Barbecue Outside the Clubhouse Bar Open
Friday 30 August	<ul style="list-style-type: none"> Galley Meal – Please Book! Competitors' Bonfire Party Parents' Cocktail Party on the Balcony
Saturday 31 August	<ul style="list-style-type: none"> Galley Meal – Please Book! Outdoor Movie Night – Venue TBA Bar Open
Sunday 1 September	<ul style="list-style-type: none"> Cadet Week Prizegiving Ceremony Tea & Cakes for all Competitors !

Galley

Breakfast	Available Daily from 8.30am	Tea, Coffee, Bacon Rolls, etc.
Lunch	Available Daily	Filled Roll, bag of crisps, fruit FREE OF CHARGE to all competitors!
Supper	Wednesday	Galley Meal* – Adults £7.00 / U16 £5 - Please Book!
	Thursday	DIY Barbecue – Bring Your Own Meat and/or Veggie
	Friday	Galley Meal* – £5.00 / Head - Please Book!
	Saturday	Galley Meal* – £5.00 / Head - Please Book!

* Galley Meals must be booked at registration on Wednesday 28 Aug.

Galley Rota – any help in the galley would be much appreciated. Please sign up on the volunteers' rota. Ask Heidi for details.

Bar Rota – any help in the bar would also be appreciated. Please sign up on the volunteers' rota. Ask Jamie Whittle for details.

Prizes

Trophy	Awarded To
YW Cadet Trophy	1st Overall Points Winner – Cadet Gold Fleet
Johnson Cadet Trophy	2nd Overall Points Winner – Cadet Gold Fleet
MacLennan Trophy	First Helm overall not receiving any other trophy
Dearing Cup	1st Overall Points Winner – Cadet Silver Fleet
RS200 Cup	1st Overall Points Winner – RS200 Fleet
Scary RS200 Trophy	Next placed RS200 helm of opposite sex to Overall Winner
Wilton Girls' Challenge Cup	1st Girl Helm Overall
Bland "Best Boy" Trophy	1 st Boy Helm Overall
Parent's Trophy	Best U16 Helm
Bye Girls' Trophy	Best U15 Girl (not awarded Parents Trophy)
Digger Challenge Cup	Best U15 Boy (not awarded Bland Trophy)
Carter Memorial Cup	Best U14 (not awarded Parents, Bye or Digger Trophies)
Agrell Cup	Best Under 13 (not awarded Parents, Bye, Digger or Carter Trophies)
Liddell Cup	Best U12 (not awarded Parents, Bye, Digger, Carter or Agrell Trophies)
Kate's Cup	For Helm Displaying Most Perseverance
Mini Hopkins Cup	Youngest Crew in Cadet Week
Cooney Rudder	Gold Fleet - Most improved helm since last Cadet Week
Goodhead Trophy	Silver Fleet - Most improved over the course of the week
Bernard's Bucket	The Most Rescued Boat of Cadet Week

EVENT SAILING INSTRUCTIONS

1. Introduction

Racing will be governed by The 2017-2020 Racing Rules of Sailing (RRS as issues by the International Sailing Federation (ISAF); the prescriptions of the RYA, the rules of the International Cadet Class and the rules on the UK RS200 Class Association; the Notice of Race (NoR) and these Event Sailing Instructions (ESI). Racing will take place in accordance with the objectives, principles and practices of the RYA Racing Charter, with particular reference to fair & sportsmanlike conduct both on the water & ashore.

2. Safety

2.1. Adequate personal buoyancy shall be worn at all times from the collection of tallies until the return of tallies. This changes RRS 40, Signals (Flag Y).

2.2. Tallies – 2007 SYSTEM

2.2.1. Tallies are numbered key fobs. Tally numbers will be issued to competitors after registration. Tallies will be issued each day before the race committee authorise the boats to be launched. Both helm & crew will present themselves to the person on duty at the tally board, collect their tally form the board & post it in the "Gone Sailing" box.

2.2.2. No boat shall go afloat unless both helm and crew have received their tally from the Race Committee & posted it.

2.2.3. Immediately on coming ashore both helm & crew must present themselves to the person on duty at the tally board collect their tally from the board & post it in the "Safely Returned" box.

2.2.4. If a competitor does not comply with 2.2.2 & 2.2.3, the Race Committee may report that fact to the Protest Committee under RRS 60.2 (c).

2.2.5. Another boat may not protest infringements of ESI 2.2 (Tallies) - Changes RRS 60.1(a).

2.3. The Race Committee may hold a boat ashore, or require a boat to go ashore at any time when afloat, whether racing or not, if it considers that

(a) the boat, her equipment, or the clothing of helm and/or crew, or

(b) the physical condition of the helm and/or crew is not adequate for the conditions.

Such boats will be scored DNC, DNS, DNF as appropriate.

2.4. Helms shall not be replaced.

2.5. Except by advanced written permission of the Race Committee: i) A crew may not be substituted.

ii) A helm may only use one boat. In the event that permission to substitute a crew is given, where possible the substitute crew will be a crew from another boat not a helm.

2.6. Spinnakers need not carry sail numbers as required by RRS 77 and H1.

3. Notices to Competitors

Notices to competitors shall be posted on the official notice board located in the Clubhouse.

4. Changes to the Sailing instructions

Any change to the sailing instructions shall be posted on the official notice board not later than the time that the relevant course is displayed.

5. Signals

Signals can either be made ashore from the WSC Crow's Nest or afloat from a Committee Boat.

6. Race Schedule

See notice of Race

7. Class Flag

ICF "Y" for Cadets Gold Fleet

ICF "E" for Cadets Silver Fleet

RS200 Insignia flag for RS200 Fleet

8. Racing Area

Racing will be on the River Deben. The race area will be indicated at the daily briefing.

9. Courses

9.1. The Course shall either be displayed on the fixed course board outside the Clubhouse or on the mobile board located on the committee boat at the start line. Should any discrepancy occur between the written and drawn courses, the written version shall prevail. When the mobile course board is being used, the course displayed there will prevail.

9.2 Whilst afloat the race committee may alter a course from that previously displayed on the course board. Flag R, together with a sound signal, shall mean that a new course has been set and is displayed from a course board on the committee boat.

10. Marks

Either Fixed racing marks or Special racing marks or a combination of both shall be used to set the course

10.1 Fixed racing marks. 'Kirtan Creek' is a white spherical buoy. 'Galleons Hard' , 'B', 'C','D', 'F', 'Tips' and 'Methersgate' are all spherical yellow buoys. The positions of these buoys are indicated on the club course board.

10.2 Special racing marks. These are all portable spherical white buoys wearing an individual coloured flag (Red, Yellow, Blue, White, Green and Black). They may be positioned anywhere in the race area.

Inflatable pillar buoys may also be used for the RS200s. When an orange inflatable pillar buoy is laid in the vicinity of one of the Cadet marks the RS200s will round this mark (ignoring the Cadet mark) in the same direction as set out in the Cadet course.

10.3 The start line may also be used as part of the course. The club line shall be indicated as 'CL'. A committee boat start line shall be indicated as "Gate".

11. The Start

11.1 Races shall be started in accordance with RRS Rule 26.

11.2 The Club start/finish line is from the mast displaying an orange flag in front of the Crow's Nest in transit with two white posts with triangular top marks

on the island. Boats starting or finishing must do so on the channel side of the transit posts

11.3 A biased line may be used instead of the club line for starting races only, by substituting the fixed transit posts on the island with an outer limit mark displaying an orange flag forming a line with the Crow's Nest mast. This line shall be specified on the course board.

11.4 The start line/finish line may be established from a mast displaying an orange flag on a committee boat to an outer limit mark also displaying an orange flag or to a mark of the course, or an independent buoy. An inner limit mark may be laid adjacent to the committee boat. If laid, an inner limit mark shall be a mark of the course and no boat may pass between it and the committee boat after its Preparatory signal. After a boat has started, the inner and outer limit marks shall cease to be marks of the course unless otherwise indicated.

12. The Finish

The finish line shall be either as defined in 11.2. or 11.4. The committee boat will indicate it is on station at the finish line by flying an orange flag.

13. Scoring

13.1. The series will be scored using the low point system of the RRS Appendix A.

13.2. When four or more races are completed, one discard score shall be allowed. When 8 or more races are completed, a second discard shall be allowed.

14. Time Limits

14.1. Boats that do not finish within 30 minutes of the finishing time of the first boat shall be scored DNF. This changes RRS 35.

14.2. Where 20% or fewer of the boats that have started the race have not finished in a reasonable time of the finish of the first boat, the race officer may award a finishing position to those boats that are still racing. The race officer's decision is final and no application for redress can be made. This modifies RRS 35 & 62

15. Protests

15.1 Protests shall be notified to the Committee Boat or Finish Boat (as applicable) immediately after crossing the finishing line of the race in which the incident occurred, boats not finishing shall do likewise where practical or notify any member of the race or safety team. Protests shall subsequently be written on forms available at the Crow's Nest and delivered there within one hour of the last boat finishing that race. In the event of back to back races the forms shall be delivered within one hour of the last boat finishing the last race.

15.2 Protest notices shall be posted on the Official Notice Board within 30 minutes after the end of the 1 hour period above to inform competitors where and when there is a hearing in which they are parties to a protest or named as witnesses.

16. Declarations

The tally system will be used. Any competitor who retires during or after a race shall inform the Race Officer (or a Support/Rescue boat) accordingly.

17. Contact with moored boats

17.1 For the purpose of this rule all moored boats shall be regarded as obstructions. The entrant of a boat which is racing whose mast, boom or hull makes contact with a moored boat shall :

(i) execute one turn (one tack and one gybe in the same direction) when it is safe to do so and in any event before the next turning mark or the course, or
(ii) retire, or
(iii) protest if she was forced to make contact by a boat which should have kept clear. For the purposes of this rule, the boat's equipment includes all its crew members.

17.2 If contact between any part of the racing boat and any part of the moored boat, the entrant shall make an entry of that fact in the "Incident Report Form" in the Clubhouse, giving the following information:

(i) the name, address, telephone number and sail number of the boat that made contact with a moored yacht, and
(ii) some identification of the moored yacht concerned, and
(iii) a note of the damage, if any. The entry must be made within one hour of the last boat finishing the last race of the day. Failure to do so shall result in disqualification from that race.

18. Risk Statement

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

18.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

18.2 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

18.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

18.4 Their boat is in good order, equipped to sail in the event and they are fit to participate;

18.5 The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;

18.6 The provision of safety boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

18.7 Their boat is adequately insured with cover of at least £2,000,000 against third party claims.