

# **Cadet Week 2025 Sailing Instructions**

## **1. Introduction**

Racing will be governed by the 2025 – 2028 Racing Rules of Sailing (RRS as issued by the International Sailing Federation, ISAF); the prescriptions of the RYA, the rules of the International Cadet Class, the Notice of Race (NoR) and these Event Sailing Instructions (ESI). Racing will take place in accordance with the objectives, principles and practices of the RYA Racing Charter, with particular reference to fair and sportsmanlike conduct both on the water and ashore.

## **2. Safety**

- 2.1 Adequate personal buoyancy shall be worn at all times once competitors have tallied out until they have tallied in. This changes RRS 40, Signals (Flag Y).
- 2.2 Tallies will be a wrist band/tick sheet system. No competitors may go afloat before they have tallied. All competitors must present themselves to tally in after racing.
- 2.3 If a competitor does not comply with 2.2 the Race Committee may report that fact to the Protest Committee under RRS 60.2 (c).
- 2.4 Another boat may not protest infringements of ESI 2.2 (Tallies) - changes RRS 60.1(a).
- 2.5 The Race Committee may hold a boat ashore, or require a boat to go ashore at any time when afloat, whether racing or not, if it considers that
  - (a) the boat, her equipment, or the clothing of helm and/or crew, or
  - (b) the physical condition of the helm and/or crews is not adequate for the conditions.Such boats will be scored DNC, DNS, DNF as appropriate.
- 2.6 Helms shall not be replaced except by advanced written permission of the Race Committee: i) A crew may not be substituted. ii) A helm may only use one boat. In the event that permission to substitute a crew is given, where possible the substitute crew will be a crew from another boat not a helm.
- 2.7 Spinnakers need not carry sail numbers as required by RRS 77 and H1.

## **3 Notices to Competitors**

Notices to competitors shall be by way of the event Cadet Week 2025 WhatsApp Group.

## **4 Changes to the Sailing instructions**

Any change to the sailing instructions shall be posted on the Cadet Week 2025 WhatsApp Group one hour before launching.

## **5 Signals**

Signals can either be made ashore from the WSC Crow's Nest or afloat from a Committee Boat.

## **6 Race Schedule**

See notice of Race

## **7 Class Flag**

- 7.1 ICF "Y" for Cadets Gold & Silver Fleet
- 7.2 ICF "E" for Cadets Regatta Fleet

## **8 Racing Area**

Racing will be on the River Deben.

## **9 Courses**

- 9.1 The Course shall either be displayed on the fixed course board outside the Clubhouse or on the mobile board located on the committee boat at the start line. Should any discrepancy occur between the written and drawn courses, the written version shall prevail. When the mobile course board is being used, the course displayed there will prevail.
- 9.2 Whilst afloat the race committee may alter a course from that previously displayed on the course board. Flag R, together with a sound signal, shall mean that a new course has been set and is displayed from a course board on the committee boat.

## **10 Marks**

- 10.1 Either fixed racing marks or special racing marks or a combination of both shall be used to set the course
- 10.2 Fixed racing marks. 'Kirton Creek' is a white spherical buoy. 'Galleons Hard', 'B', 'C', 'D', 'F', 'Tips' and 'Methersgate' are all spherical yellow buoys. The positions of these buoys are indicated on the club course board.
- 10.3 Special racing marks. These are all portable spherical white buoys wearing an individual-coloured flag (Red, Yellow, Blue, White, Green and Black). They may be positioned anywhere in the race area.
- 10.4 The start line may also be used as part of the course. The club line shall be indicated as 'CL'. A committee boat start line shall be indicated as 'Gate'.

## **11 The Start**

- 11.1 Races shall be started in accordance with RRS Rule 26.
- 11.2 The Club start/finish line is from the mast displaying an orange flag in front of the Crow's Nest in transit with two white posts with triangular top marks on the island. Boats starting or finishing must do so on the club side of the transit posts.
- 11.3 A biased line may be used instead of the club line for starting races only, by substituting the fixed transit posts on the island with an outer limit mark displaying an orange flag forming a line with the Crow's Nest mast. This line shall be specified on the course board.
- 11.4 The start line/finish line may be established from a mast displaying an orange flag on a committee boat to an outer limit mark also displaying an orange flag or to a mark of the course, or an independent buoy.
- 11.5 An inner limit mark may be laid adjacent to the committee boat.
- 11.6 If laid, an inner limit mark shall be a mark of the course and no boat may pass between it and the committee boat after its Preparatory signal.
- 11.7 After a boat has started, the inner and outer limit marks shall cease to be marks of the course unless otherwise indicated.

## **12 The Finish**

The finish line shall be as defined in 11.2. or 11.4. The committee boat will indicate it is on station at the finish line by flying a blue flag.

## **13 Scoring**

- 13.1 The series will be scored using the low point system of the RRS Appendix A.
- 13.2 When four or more races are completed, one discard score shall be allowed. When 8 or more races are completed, a second discard shall be allowed.

## **14 Time Limits**

- 14.1 Boats that do not finish within 30 minutes of the finishing time of the first boat shall be scored DNF. This changes RRS 35.

- 14.2 Where 20% or fewer of the boats that have started the race have not finished in a reasonable time of the finish of the first boat, the race officer may award a finishing position to those boats that are still racing. The race officer's decision is final and no application for redress can be made. This modifies RRS 35 & 62.

## **15 Protests**

- 14.1 Protests shall be notified to the Committee Boat or Finish Boat (as applicable) **immediately** after crossing the finishing line of the race in which the incident occurred, boats not finishing shall do likewise where practical or notify any member of the race or safety team.
- 14.2 Protests shall subsequently be written on forms available at the Crow's Nest and delivered there within one hour of the last boat finishing that race. In the event of back-to-back races the forms shall be delivered within one hour of the last boat finishing the last race.
- 14.3 Protest notices shall be notified on the event Cadet Week 2024 WhatsApp Group within 30 minutes after the end of the 1 hour period above to inform competitors where and when there is a hearing in which they are parties to a protest or named as witnesses.

## **15 Declarations**

The tally system will be used. Any competitor who retires during or after a race shall inform the Race Officer (or a Support/Rescue boat) accordingly.

## **16 Contact with moored boats**

- 16.1 For the purpose of this rule all moored boats shall be regarded as obstructions. The entrant of a boat which is racing whose mast, boom or hull makes contact with a moored boat shall:
- (i) execute one turn (one tack and one gybe in the same direction) when it is safe to do so and in any event before the next turning mark or the course, or
  - (ii) retire, or
  - (iii) protest if she was forced to make contact by a boat which should have kept clear. For the purposes of this rule, the boat's equipment includes all its crew members.
- 16.2 If contact between any part of the racing boat and any part of the moored boat, the entrant shall make an entry of that fact in the "Incident Report Form" in the Clubhouse, giving the following information:
- (i) the name, address, telephone number and sail number of the boat that came into contact with a moored yacht, and
  - (ii) some identification of the moored yacht concerned, and
  - (iii) a note of the damage, if any. The entry must be made within one hour of the last boat finishing the last race of the day. Failure to do so shall result in disqualification from that race.

## **17 Risk Statement**

- 17.1 Rule 4 of the Racing Rules of Sailing states: 'the responsibility for a boats decision to participate in a race or to continue racing is hers alone.'
- Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event each competitor agrees and acknowledges that:
- 17.2 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 17.3 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 17.4 They accept responsibility for any injury, damage or loss to the extent caused by their

own actions or omissions;

17.5 Their boat is in good order, equipped to sail in the event and they are fit to participate;

17.6 The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;

17.7 The provision of safety boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

17.8 Their boat is adequately insured with cover of at least £3,000,000 against third party claims.

